

WHAT'S THE DEAL WITH PROJECT 2025?

If you've been watching the news lately, you've probably heard pundits and politicians talk about "Project 2025," a plan of federal policies and initiatives, prepared by the Heritage Foundation, as a blueprint for a Republican president and administration to follow, carried out by various elected officials and government agencies across the country.

So what does Project 2025 propose?

- 1. End Anti-Discrimination Laws** such as a Civil Rights-era mandate requiring federal contractors to abide by anti-discrimination hiring practices.
- 2. Cut Social Welfare Programs.** Project 2025 would restrict the use of food stamps, limit Medicare access, and reverse housing initiatives aimed at helping lower-income families have access to affordable housing.
- 3. Effectively Ban Abortion.** Project 2025 seeks to revoke the FDA approval of the abortion pill mifepristone, which is used in about half of US abortions, defund Planned Parenthood, and prosecute people who send abortion pills through the mail.
- 4. Cut Vital Education Programs and Funding.** Project 2025 would eliminate the Head Start program, which has served 39 million children and families since 1965 and currently serves more than 800,000 poor families with young children. The project also calls for ending much of the federal funding given to low-income schools over the next decade.
- 5. Cut Medicaid.** Project 2025 calls for major cuts to Medicaid and for removing the recent law that bans surprise medical billing.

Project 2025 has its slew of critics. Representative Alma Adams was recently quoted as saying:

"Most people are saying Project 2025, but its correct name is

Project 1825 because that's where Trump wants to take us, back to a time when Blacks were enslaved in America, a time when women had no rights."

However, the project's defenders, such as president of the Heritage Foundation Kevin Roberts, remain firmly committed to the program, saying, "We are in the process of the second American Revolution, which will remain bloodless if the left allows it to be."

Vote in Person on Election Day, Tuesday November 5, 2024

Polling places will be open from 6:30 a.m. to 7:30 p.m. Any voter in line at their assigned polling place at 7:30 p.m. will be able to vote.

Vote Early October 17 through November 2

Find your early voting location and times at
vt.ncsbe.gov/EVSite/

Vote by Mail

If voting by mail, your ballot must be returned to an early voting site or to your county board of elections by 7:30 pm on Election Day. Find more information at
www.ncsbe.gov/voting/vote-mail



EVENT SPOTLIGHT

INTERNATIONAL FESTIVAL 2024

Help welcome new neighbors who have worked hard to earn their citizenship at Raleigh's International Festival 2024. Over 10,000 expected attendees will enjoy delicious food, fashions, and performances. This fun, inspiring, and delicious festival culminates in one of the largest celebrations of citizenship. Over 300 new American citizens will be sworn in!

\$5 Admittance

4825 Trinity Road, Raleigh, NC 27607

Friday, September 27 - Sunday, September 29th

Community neighbor

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LABOR DAY: A LITTLE HISTORY

On Monday, September 2, Americans across the nation will be firing up their grills, watching parades, and enjoying the last days of summer in celebration of **Labor Day**. In fact, this year's celebrations mark the 130th anniversary of Labor Day's inauguration as a federal holiday, signed into law by President Grover Cleveland in 1894.

On May 4, 1886, the **Haymarket Affair** occurred in Chicago, where union workers went on strike to push for the **8 hour standard working day**. However, the peaceful strikes turned violent when strike breakers and police tried to shut down the protests, leaving approximately four to eight people dead and dozens injured.

The Haymarket Affair sparked an international scandal and led to the creation of **May Day**, a holiday dedicated in honor of the Chicago strikes that is still celebrated across the world every May 1.

But wait—why do we have Labor Day in September when May Day is in, well, May? It's generally agreed that President Cleveland didn't want to potentially embolden the socialist and anarchist workers' movement by recognizing May Day. Labor Day was seen as a less inflammatory alternative. Today, Labor Day is a celebration of the value and honor in a hard day's work.



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NC's
TOP 5

MOVIES FILMED IN NC

1. "Bull Durham" (1988)

Perhaps the most famous movie filmed in the state, "Bull Durham" was filmed on location across the state in Durham, Raleigh, and Asheville.

2. "The Hunger Games" (2012)

Much of the world-famous series was shot across our state in Asheville, Barnardsville, Black Mountain, Cedar Mountain, Charlotte, Concord, Hildebran, and Shelby.

3. "Forrest Gump" (1994)

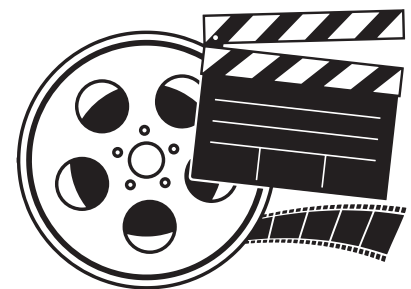
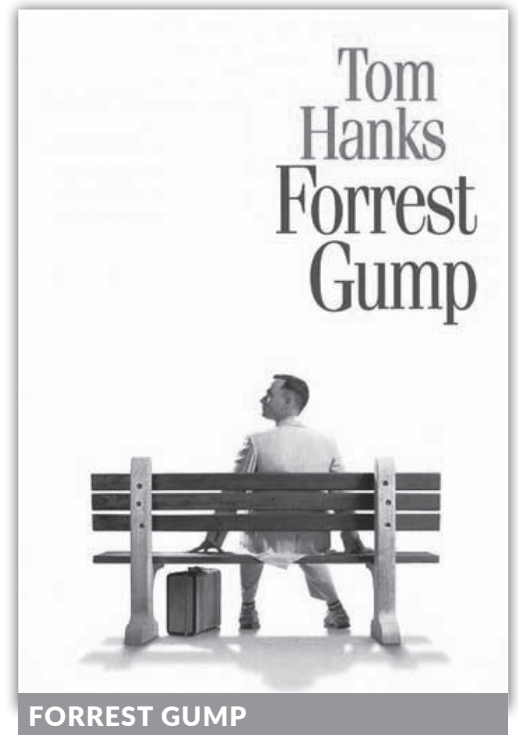
Run, Forrest, run! Grandfather Mountain in Linville holds the "Forrest Gump Curve," where Tom Hanks' character ran during his "cross-country trip."

4. "The Fugitive" (1993)

The famous train-wreck scene that launches Harrison Ford's cross-country escape was filmed southwest of Asheville, near North Carolina's Great Smoky Mountains.

5. "Blue Velvet" (1986)

Before "Twin Peaks," David Lynch made waves with his bizarre mystery thriller film, shot extensively in Wilmington.



NEW VOTER ID LAW IN NORTH CAROLINA

As of 2023, all North Carolina voters are required to present a photo ID to vote. Election workers check to see that the photo reasonably resembles the person casting a ballot and that the name on the ID is the same as or similar to the name in the voter registration records. **Acceptable IDs include:**

- North Carolina driver's license
- State ID from the NCDMV (also called "non-operator ID")
- Driver's license or non-driver ID from another state, the District of Columbia, or U.S. territory (only if voter registered in North Carolina within 90 days of the election)
- U.S. Passport or U.S. Passport card
- North Carolina voter photo ID card issued by a county board of elections (see <https://vt.ncsbe.gov/BOEInfo/>)
- College or university student ID approved by the State Board of Elections
- State or local government or charter school employee ID approved by the State Board of Elections
- Military or veterans ID card (with photo) issued by the U.S. government
- Tribal enrollment card (with photo) issued by a tribe recognized by the State of North Carolina or the federal government

THE COMMUNITY



NEIGHBOR

PENNY PINCHER

BACK-TO-SCHOOL SHOPPING TIPS

As parents, we know how challenging some of the back-to-school shopping costs are. Here are 7 ideas to make shopping for the young scholars easier:

- 1. Get organized ... and stay that way.** The first thing we like to do is make a list of supplies. That way, we stick to getting only what is needed and don't spend more money unnecessarily because something looks like a "good deal."
- 2. Know before you go.** Have strict spending limits and stick to them. Don't improvise your way through online or in-person shopping trips. Winging it is a sure budget-buster.
- 3. Check the closets.** We look through our closets and home office drawers and often find supplies we forgot existed. From packs of pencils to crayons to erasers, you never know what you'll find!
- 4. Buying new clothing is not always necessary.** Chances are, whatever the kids wore over the summer will still fit during the first few months of school. If they need more clothes, birthdays and holidays are a great time for that!
- 5. Patience is a virtue.** It's helpful to spread shopping out over time. Most kids don't need to have every single item on the first day of school. In fact, clothing and school supplies often go on sale in the weeks after school starts. We don't buy everything before school – that's when everyone else is shopping!
- 6. You may not need everything.** Not every school accessory will be required in every classroom. Some classes may be more intense and ask that students have a full binder with tab dividers, index cards, and highlighters. Others may require little more than a pencil and notebook.
- 7. Splurge on things that matter, not on what doesn't.** Dollar stores or liquidation sales are a great source of school supplies. No need to pay full price for basics. Buy discounted items first and check them off your list. That way you don't get stuck paying full price at the last minute.

The average American family spends \$839 on back-to-school shopping. With planning and discipline, and a little flexibility, maybe you can spend less and save more!

RECIPE OF THE MONTH

HOMEMADE MAC




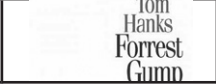



Ever wanted to make homemade mac and cheese like Grandma does? Well, this fun and easy recipe will help you whip up a delicious crowd-pleaser for your next cookout or dinner party!

INGREDIENTS

- 1 box of macaroni
 - Salt and pepper
 - 3 cups of milk
 - 1 stick of butter
 - 2-3 tablespoons of flour
 - 1 teaspoon of Dijon mustard
 - 1 block of your favorite cheese (we suggest Vermont cheddar)
1. Cut the cheese into small cubes. This will make it easier to melt later. You can do the same with the butter if you wish.
 2. Cook macaroni in a large pot of boiling salted water per the box's directions. Drain and set aside away from heat.
 3. In a separate medium saucepan, melt the butter on medium-low heat. Add the flour and whisk together to make a roux.
 4. Add the Dijon mustard, and whisk. Slowly add milk, and whisk some more.
 5. Once the mixture is homogeneous and bubbling a little, add the cheese. Whisk until the cheese has melted completely and the sauce has thickened. You can add other cheeses if you want to try multiple flavors. Adjust heat if necessary to avoid burning the sauce.
 6. Pour cheese sauce over macaroni. Mix well. Serve immediately with bread and black pepper.

Serves: 6 | Cost per Serving: \$4
(And even less if you already have milk, butter, and flour on hand!)

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		https://stock.adobe.com/images/take-a-leisurely-walk-along-lake-norman-s-board-walk-near-charlotte-north-carolina-concept-outdoor-activities-nature-walk-lake-views-charlotte-area-leisurely-stroll/809174757?prev_url=detail	yes	
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