





CIVICS 101



THE PRESIDENTIAL ELECTION & THE STATE LEGISLATURE

The 2024 presidential election between Kamala Harris and Donald Trump is quickly approaching, and North Carolina is likely to be a pivotal state in the race. No matter who is elected president, their policies will be put into place at the state level by the North Carolina Legislature—**making our state legislative races just as important as the presidential one.**

To help you make that big decision on Election Day, we've provided bios of some state legislative candidates on the ballot:

Senate District 11	
 <p>JAMES MERCER, DEMOCRAT</p>	 <p>LISA BARNES, REPUBLICAN</p>
<p>Former Lt. Col. US Army Reservist, firefighter, and police officer James Mercer is currently the president and CEO of The Mercer Foundation, a nonprofit that focuses on low-income family assistance. Mercer is running on a program focused on lowering costs for disadvantaged children and struggling families, as well as our homeless veteran population.</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • AFL-CIO North Carolina • Climate Cabinet PAC • Gun Sense Voter • Planned Parenthood Action Fund • Sierra Club • VoteVets 	<p>Previously working as a real estate paralegal and on the Nash County Board of Commissioners, State Senator Lisa Barnes has focused her tenure on managing state budgets and cutting government programs. Barnes has centered her campaign on education, rural health care, and the economy. Barnes voted in support of a 12-week abortion ban.</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • NFIB 100% voting record in NC Senate 2023-2024 session

Senate District 13	
 <p>LISA GRAFSTEIN, DEMOCRAT</p>	 <p>SCOTT LASSITER, REPUBLICAN</p>
<p>Serving as a civil rights lawyer at Disability Rights North Carolina and later for the North Carolina State Personnel Commission, State Senator Lisa Grafstein has focused her tenure on combating inequality. Grafstein has pushed for funded public education, addressing gaps in the health care system, and protecting voting rights. She voted against a 12-week abortion ban.</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • AFL-CIO North Carolina • Climate Cabinet PAC • Gun Sense Voter • LGBTQ PAC (LPAC) • NCAAT • North Carolina League of Conservation Voters • Planned Parenthood Action Fund • Sierra Club 	<p>A former teacher and assistant principal, Scott Lassiter is currently the president of the Lassiter Education Foundation. Lassiter is running on an education-focused platform. With regard to abortion, Lassiter said in an interview with IndyWeek, "I support life. That means I support the lives of the unborn and of women. Abortion is not and should not be used as birth control."</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • Carolina Teachers Alliance Votes • Communication Workers of America (CWA) • Raleigh Police Protective Association • Teamsters Local 391

Senate District 18	
 <p>TERENCE EVERITT, DEMOCRAT</p>	 <p>ASHLEE ADAMS, REPUBLICAN</p>
<p>Previously a member of the Board of Directors for Wake Forest Area Chamber of Commerce, Terence Everitt is currently a state representative for House District 35, and is running for Senate in District 18. Everitt has focused his Senate campaign on supporting working families and increasing funding for public schools, stressing the need to raise teacher salaries to the national average. Everitt has publicly called out attempts to ban abortion, and voted against the 12-week ban.</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • AFL-CIO North Carolina • Climate Cabinet PAC • Communication Workers of America (CWA) • Gun Sense Voter • North Carolina League of Conservation Voters • Planned Parenthood Action Fund • Sierra Club 	<p>Former nurse Ashlee Adams currently serves as director of the Wake Forest Junior Cotillion Program. Adams has centered her Senate campaign on cutting government programs and promoting traditional, conservative values. As of this writing, Adams has not clarified her stance on abortion rights.</p> <p>Endorsements:</p> <ul style="list-style-type: none"> • Granville Co. Conservative Voter Guide

Vote in Person on Election Day, Tuesday, November 5

Polling places will be open from 6:30 a.m. to 7:30 p.m.
Any voter in line at their assigned polling place at 7:30 p.m. will be able to vote.

Vote Early October 17 through November 2

Find your early voting location and times at vt.ncsbe.gov/EVSite/

Vote by Mail

If you are voting by mail, your ballot must be returned to an early voting site or to your county board of elections by 7:30 p.m. on November 5.

Mail your ballot by October 22 to ensure that it is received by November 5.

Find more information at

www.ncsbe.gov/voting/vote-mail

Community neighbor

YOUR SOURCE FOR NEWS YOU CAN USE

VOLUME 1 / NO. 5



OCTOBER 2024



AFRICAN AMERICAN HISTORICAL SITES IN RALEIGH

History is with us everywhere—if you know where to look. To help you take a journey through the past, celebrate those who came before us, and honor their victories, hardships, and memories, we've compiled a list of must-see African American historical sites around the Raleigh area.

1. North Carolina Museum of History

5 E. Edenton St., Raleigh, NC 27601

With its permanent exhibitions on the struggles of the Civil Rights Movement and Raleigh's dark days under slavery, the North Carolina Museum of History is a transformative visit for anyone interested in Black history. One notable artifact is an original lunch counter from a 1960 Salisbury, N.C., sit-in.

2. Pope House Museum

511 South Wilmington Street, Raleigh, NC 27601

Built by Dr. Manassa Thomas Pope (1858-1934), an early Leonard School of Medicine at Shaw University graduate and a Spanish-American War volunteer officer in an all-Black volunteer unit, the Pope House Museum is the only African American house museum in the state. With fascinating artifacts, photographs, and original furniture from 1851, the Pope House Museum is a must-visit.

IN THIS ISSUE:

- Historical Sites in Raleigh
- North Carolina's Top 5
- Reminder: Voter ID Requirement
- Penny Pincher: Saving on Halloween Candy
- Recipe of the Month
- Civics 101: The Presidential Election & the State Legislature

3. Black Main Street

E. Hargett St., Raleigh, NC 27601

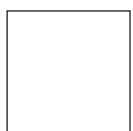
Nearby City Cemetery, from Fayetteville St. to Moore Square, was the heart of African American commercial life in Raleigh in the 1910s and '20s. The street once held the offices of Black lawyers and doctors, barbershops, and other local businesses. Black Main Street's heart was the former 1921 Lightner Arcade and Hotel, which welcomed famed musicians such as Count Basie and Duke Ellington.

4. John Chavis Memorial Park and Community Center

505 Martin Luther King Jr. Blvd., Raleigh, NC 27601

Originally opened during segregation as a recreation center for Raleigh's Black residents and named in honor of the free Black preacher John Chavis (1763-1838), the John Chavis Memorial Park and Community Center is eye-opening and educational. And for only a buck-fifty, you can still ride its original carousel from 1923.

You can find more great historical sites across the state here: <https://aahc.nc.gov/places>



Community neighbor

YOUR SOURCE FOR NEWS YOU CAN USE

NC's
TOP 5

ACTORS FROM NORTH CAROLINA

We may not have Hollywood, but we sure can churn out Hollywood stars. Did you know these five actors were born in North Carolina?

1. **Andy Griffith, born in Mount Airy**
2. **Pam Grier, born in Winston-Salem**
3. **J.B. Smoove, born in Plymouth**
4. **Aldis Hodge, born in Jacksonville**
5. **Brian Tyree Henry, born in Fayetteville**



REMINDER: VOTER ID REQUIREMENT

As of 2023, all North Carolina voters are required to present a photo ID to vote. Election workers check to see that the photo reasonably resembles the person casting a ballot and that the name on the ID is the same as or similar to the name on the voter registration records.

Acceptable IDs include but are not limited to:

- North Carolina driver's license
- State ID from the NCDMV
- U.S. passport or U.S. passport card
- Military or veteran ID card (with photo)
- Tribal enrollment card (with photo)

FAQ:

Where can I get an ID?

You can get a free ID from your local county board of elections. Find their information at <https://vt.ncsbe.gov/BOEInfo>.

I need extra help getting an ID.

Call the Voter Assistance Hotline at 888-687-8683. Or call the VoteRiders Hotline at 866-432-8683.

I couldn't get to the DMV by Election Day, or I am waiting on an ID.

You can still vote! You just need to fill out the Voter ID Exception Form at the polls and select "Other" for the reason you don't have an ID.

Additional Voter ID Resources

Democracy NC: <https://www.ncvoter.org/voter-id/>

VoteRiders: <https://www.voteriders.org/freehelp/>

State Board Facts on Voter ID: <https://www.ncsbe.gov/voting/voter-id>

THE COMMUNITY



NEIGHBOR

PENNY PINCHER

WAYS TO SAVE ON HALLOWEEN CANDY

Save Some Money on Halloween

From kids' costumes to decorations to candy, the spookiest night of the year can also be "scary" for the wallet. To help you keep your Halloween costs down, we've compiled a list of easy tips so you can spend less on your trick-or-treaters without sacrificing quality.

1. Coupons, coupons, coupons

It may seem like a no-brainer, but you'd be surprised how easy it is to forget how helpful those little square cut-outs can be. Nowadays, most stores also have free apps that offer seasonal and weekly deals. Check your favorite chain store's website for deals that might not be obvious in-store.

2. Buy early and in bulk

The closer to Halloween you buy candy, the more expensive candy usually becomes. To beat the seasonal price-gouging, try to buy your candy before the rush begins—**and don't worry about the candy going bad; buying a month or two before Halloween won't affect its safety or taste.**

3. Check the price per piece

It can be tempting to buy the cheaper bag of candy, but if you look closely at the price per piece in your local grocery or drug store, you might find out that you're really spending more per individual candy. According to experts, you should aim to pay 12 cents or less per piece!

4. Variety packs tend to be cheaper

According to online reports, consumers have often found that variety packs and grab-bags of candy tend to be cheaper than single-candy bags. But again, be sure to check the price per piece!

5. Buy value brands over name brands

We all remember the disappointment as kids of getting candy we'd never heard of—but we still ate it. At the end of the day, candy is candy, and on Halloween, kids aren't gourmet eaters. If a value, lesser-known brand of candy is available, **don't feel any guilt for getting it!**

RECIPE OF THE MONTH

ROASTED BUTTERNUT SQUASH



Ever want a savory side dish that fits with the fall season? Try roasting **butternut squash!**

Ingredients:

- 1 medium butternut squash
- 4 tbsp olive oil
- Salt
- Ground black pepper
- Italian seasoning
- Garlic powder
- Butter

Directions

1. Preheat oven to 425 degrees.
2. Use butter to grease a large baking sheet.
3. Cut the ends off the squash (about a quarter inch each). Peel the squash with a vegetable/potato peeler. Cut it down the middle lengthwise.
4. Remove the seeds and innards. Chop the squash into 1-inch cubes and throw it into a large bowl.
5. Drizzle olive oil over squash and season with salt, pepper, Italian seasoning, and garlic powder. Cover the bowl with plastic wrap (optional, but we like to do this so nothing flies out) and toss the bowl to coat the cubes in the seasonings.
6. Pour the seasoned squash flat onto the baking sheet. No cubes should be stacked onto each other.
7. Bake for 20-25 minutes or until squash cubes are very tender and begin to brown on the edges. Serve immediately.



https://stock.adobe.com/images/top-view-of-many-butternut-squashes/465395049?prev_url=detail



<https://www.facebook.com/photo.php?fbid=907262968096330&set=pb.100064379066098.-2207520000&type=3>

<https://www.facebook.com/photo/?fbid=122108782556185201&set=a.122108607170185201>

<https://www.facebook.com/photo.php?fbid=760480472565954&set=pb.100058120237133.-2207520000&type=3>

<https://www.facebook.com/photo/?fbid=118953417317365&set=a.118953420650698>

<https://www.facebook.com/photo/?fbid=252052466931367&set=a.243353527801261>

<https://www.facebook.com/photo.php?fbid=667150198572278&set=pb.100058319101234.-2207520000&type=3>

<https://www.facebook.com/photo.php?fbid=122095470926327501&set=pb.61559825035606.-2207520000&type=3>

<https://www.facebook.com/Realoldschoolcool/photos/t.100064805677958/2053288618324915/?type=3>

<https://www.facebook.com/photo.php?fbid=1951672241661164&id=888131974681868&set=a.888133244681741>

<https://www.facebook.com/AvaGardner1922/photos/pb.100063482000206.-2207520000/1161001733961209/?type=3>

<https://www.facebook.com/photo.php?fbid=10231448484581366&set=pb.1415424785.-2207520000&type=3>

<https://www.facebook.com/500131506709495/photos/pb.100044355833889.-2207520000/500132866709359/?type=3>

https://en.wikipedia.org/wiki/Aldis_Hodge

<https://www.facebook.com/photo.php?fbid=522702492556427&set=pb.100044500416776.-2207520000&type=3>

<https://www.facebook.com/photo.php?fbid=1062305758591638&set=pb.100044366712221.-2207520000&type=3>